



Ruach Well-being Service

Through the Storm – He is Lord

Through the storm
I am Lord
Hold out your hand
On water you can stand

When doubt arises
And faith is weak
I am the Lord
Keep your eyes on me

Have faith and take a step
And believe in me
Waves maybe crashing
Be still and trust me

When you are tested
Do all what God says
Just hold on nevertheless
And He will do the rest

After the fierce storm
You will feel the calm
Of God's loving care
Remember He is always near

**²⁸Then they cried out to the Lord in their trouble,
and he brought them out of their distress.**

**²⁹He stilled the storm to a whisper; the waves of the sea were hushed.
Psalm 107:28-29**

**Be encouraged to write your own poem
as a daily reflection of how God
kept you through the storm.**

**Sonia Dougall on behalf of RWS
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