



The Joy of the Lord is Your Strength

Don't give up, don't give in
Your best days are ahead
Remember God's Word
Meditate on what He said

You can do all things
Through Christ who strengthens you
Lean on Jesus
And He will surely see you through

No matter how things seem
See yourself free indeed
Whatever your need
It's not too much for Christ to meet

Be encouraged
Don't give up on God
He won't give up on you
His Word concerning you are true

**I can do all things through Christ
who strengthens me.
Philippians 4:13**

**Be encouraged to journal or write down
your daily reflections of praise and gratitude
of God's strength in your life.**

**Sonia Dougall on behalf of RWS
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